

Jan Mangal Namavali

1. Om Shri Krishnāya Namaha
I bow down to: One who attracts the mind of others (i.e. 'karshati iti')

2. Om Shri Vāsudevāya Namaha
One who is 'Vāsudev' - God.

3. Om Shri Nar-Nārāyanāya Namaha
One who is 'Narayan' - God - and is with 'Nar' - His ideal devotee.

4. Om Shri Prabhava Namaha
One who is the highest authority and power, and owner of everything.

5. Om Shri Bhakti-Dharmātmajāya Namaha
One who has incarnated as the son of Bhakti and Dharma.

6. Om Shri Ajanmane Namaha
One who is not subject to birth due to karmas.

7. Om Shri Krishnāya Namaha
One who has a dark, attractive complexion.

8. Om Shri Nārāyanāya Namaha
One whom Ramanand Swami named 'Narayan Muni' - meaning, the refuge for His devotees and support of everything.

9. Om Shri Haraye Namaha
One who controls Brahmā and all other deities and destroys the miseries of His devotees who remember Him.

10. Om Shri Harikrishnāya Namaha
One who is 'Hari', meaning one who captivates the mind, and 'Krishna', meaning one who destroys the demons or the enemies of His devotees.

11. Om Shri Ghanshyamāya Namaha
One who has a complexion like a dark cloud.

12. Om Shri Dhārmikāya Namaha
One who observed dharma from childhood and is therefore the son of Dharma (Dharmadev).

13. Om Shri Bhaktinandanāya Namaha
One who is the giver of bliss to Bhakti as her son.

14. Om Shri Bruhadvratdharāya Namaha
One who has taken up and observes the great vow of brahmacharya.

15. Om Shri Shuddhāya Namaha
One who is Himself the incarnation of purity and is purifier of His devotees.

16. Om Shri Radha-Krishneshtadevatāya Namaha
One to whom Radha and Krishna are dear.

17. Om Shri Marutsutpriyāya Namaha
One who is the beloved of Hanumanji, the son of the wind-god.

18. Om Shri Kālibhairavādyatibhishanāya Namaha
One who is serene, yet appears fierce to those like Kalibhairav, etc. who attempt to kill Him.

19. Om Shri Jitendriyāya Namaha
One who has complete control over His senses and helps others to attain such control.

20. Om Shri Jitāhārāya Namaha
One who has complete control over His sense of taste and helps others to attain such control.

21. Om Shri Tivravairāgyāya Namaha
One who possesses highest vairāgya (detachment).

22. Om Shri Āstikāya Namaha
One who inspires faith in God.

23. Om Shri Yogeshvarāya Namaha
One who is the Lord of the yogis, their sole aim and giver of (their) desired fruits.

24. Om Shri Yogakalāpravrutṭaye Namaha
One who grants His devotees the perfection in yoga, without their having to undergo rigorous training.

25. Om Shri Atidhairavate Namaha
One whose mind never gets defiled. One who is extremely patient and undisturbed by outer influences.

26. Om Shri Gnānine Namaha
One who has personal experience of and transmits the knowledge of jiva, ishwar, maya, Brahma and Parabrahma. One who perceives true spiritual knowledge.

27. Om Shri Paramhansāya Namaha
One who is the greatest among the paramhansas.

28. Om Shri Tirthkrute Namaha
One who makes places of pilgrimage.

29. Om Shri Tairthikārchitāya Namaha
One who is worshipped by the sadhus residing in the pilgrim places.

30. Om Shri Kshamānidhaye Namaha
One who is an ocean of compassion, mercy and forgiveness.

31. Om Shri Sadonnidrāya Namaha
One who is eternally awake.

32. Om Shri Dhyānnishthāya Namaha
One who is continuously engrossed in meditation on His own divine form.

33. Om Shri Tapahpriyāya Namaha
One who is fond of performing austerities and inspires others to perform them also.

34. Om Shri Siddheshvarāya Namaha
One who is worshipped as God even by those who are accomplished in yoga, austerities and spiritual wisdom.

35. Om Shri Svatantrāya Namaha
One who is truly independent of all.

36. Om Shri Brahmavidyā-pravartakāya Namaha
One who spreads Brahmavidya (divine knowledge) to all.

37. Om Shri Pāshandochhedanapatave Namaha
One who intelligently defeats those who behave immorally by falsely interpreting the Vedas.

38. Om Shri Svaswarupāchalsthitaye Namaha
One who is steadfast in His own form.

39. Om Shri Prashāntmurtaye Namaha
One who is totally calm and whose mere darshan brings peace to the devotees.

40. Om Shri Nirdoshāya Namaha
One who is free of all defects and faults, such as, ego, hypocrisy, greed, anger, etc.

41. Om Shri Asuragurvādi-mohanāya Namaha
One who captivates even evil gurus by His divine acts.

42. Om Shri Atikārunyanayanāya Namaha
One whose eyes overflow with compassion.

43. Om Shri Uddhavādhva-pravartakāya Namaha
One who spreads the teachings of the Uddhav Sampradaya founded by Ramanand Swami.

- 44. Om Shri Mahāvratāya Namaha**
One who perfectly upholds the five great vows of nishkam (non-lust), nirlobh (non-greed), nisswad (non-taste), nissneh (detachment) and nirman (humility), and who performs severe austerities.
- 45. Om Shri Sādhushilāya Namaha**
One whose behaviour perfectly reflects the character of a God-realised Sadhu.
- 46. Om Shri Sādhuvipra-prapujakāya Namaha**
One who honours sadhus and Brahmins and inspires others to do the same.
- 47. Om Shri Ahimsayagna-prastotre Namaha**
One who established the tradition of yagnas free of animal sacrifices.
- 48. Om Shri Sākārabrahma-varnanāya Namaha**
One who spreads the understanding that Brahma and Parabrahma both have divine human forms.
- 49. Om Shri Swāminārāyanāya Namaha**
One who is 'Narayan' - the supreme God - and is always with 'Swami' - Aksharbrahma Gunatitanand Swami.
- 50. Om Shri Swāmine Namaha**
One who is all-powerful and the Lord of all.
- 51. Om Shri Kāladoshanivārakāya Namaha**
One who destroys the bad effects of adverse time.
- 52. Om Shri Satshāstravyasanāya Namaha**
One who is addicted to reciting and listening to the shastras (holy scriptures).
- 53. Om Shri Sadyasamādhi-sthitikārakāya Namaha**
One who instantly grants the state of samadhi to His devotees, without their having to perfect the preceding seven stages of yoga.
- 54. Om Shri Krishnārchā-sthāpanakarāya Namaha**
One who consecrates the murtis of God in mandirs.
- 55. Om Shri Kauladvishe Namaha**
One who refutes with logical reasoning the Kaul cults, which preach unrighteous and adulterous behaviour.
- 56. Om Shri Kalitārakāya Namaha**
One who protects His devotees along with their families from the influence of Kali (the dark age).

57. Om Shri Prakāsharupāya Namaha
One who is eternally radiant and resides with His
divine form in Akshardham.

58. Om Shri Nirdambhāya Namaha
One who is totally free from pretence and
hypocrisy.

59. Om Shri Sarvajivahitāvahāya Namaha
One who does good of all beings.

60. Om Shri Bhaktisamposhakāya Namaha
One who has enriched and promoted the practice
of bhakti (nine-fold devotion) to God.

61. Om Shri Vāgmīne Namaha
One who lovingly speaks the truths taught by the
Vedas.

62. Om Shri Chaturvarga-falapradāya Namaha
One who bestows the fruits of the four endeavours:
dharma (moral behaviour), arth (wealth), kam
(desires) and moksha (liberation).

63. Om Shri Nirmatsarāya Namaha
One who is not envious of the progress of others,
but rejoices in their success.

64. Om Shri Bhaktavarmane Namaha
One who is surrounded by a legion of devotees,
whom He protects.

65. Om Shri Buddhidātre Namaha
One who bestows spiritual intellect to help
devotees realise His true form.

66. Om Shri Atipāvanāya Namaha
One who is absolutely pure and purifies others.

67. Om Shri Abuddhihrute Namaha
One who destroys ignorance.

68. Om Shri Brahmdhām-darshakāya Namaha
One who reveals His abode - Brahmadham
(Akshardham) - to all His devotees.

69. Om Shri Aparājitāya Namaha
One who cannot be defeated by anyone but is
Himself won over by the selfless love of His
devotees.

70. Om Shri Āsumudrānta-satkirtaye Namaha
One whose redemptive fame has spread to the
ocean shores.

71. Om Shri Shritasansruti-mochanāya Namaha
One who compassionately redeems His devotees
from the cycle of births and deaths.

72. Om Shri Udārāya Namaha
One who is extremely generous.

73. Om Shri Sahajānandāya Namaha
One who is naturally full of joy and bliss and gives
such joy and bliss to His devotees.

74. Om Shri Sādhvidharma-pravartakāya Namaha
One who promotes righteous living among His
women disciples.

75. Om Shri Kandarpadarpa-dalanāya Namaha
One who crushed to pieces the ego of Kamdev -
the god of lust.

76. Om Shri Vaishnavakratu-kārakāya Namaha
One who established the practice of yagna -
sacrifices - free from killing and offering animals,
as per the true Vaishnav tradition.

77. Om Shri Panchāyatana-sanmānāya Namaha
One who directs His devotees to honour the five
deities - Vishnu, Shiv, Ganapati, Parvati and Surya.

78. Om Shri Naishtikavrata-poshakāya Namaha
One who practices absolute brahmacharya and
inspires others to do so also.

79. Om Shri Pragalbhāya Namaha
One who is ever enthusiastic and always ready to
debate with great scholars.

80. Om Shri Nispruhāya Namaha
One who is detached from all desires of material
enjoyment.

81. Om Shri Satyapratignāya Namaha
One who always keeps His promises.

82. Om Shri Bhaktavatsalāya Namaha
One who has infinite love for all His followers.

83. Om Shri Aroshanāya Namaha
One who is free of anger.

84. Om Shri Dirghadarshine Namaha
One who has unparalleled foresight and vision.

85. Om Shri Shadurmi-vijayakshamāya Namaha
One who has conquered the six physical and
emotional sensations of thirst, hunger, grief,
infatuation, old age and death.

86. Om Shri Nirahankrutaye Namaha
One who is egoless and dissolves the ego of others.

87. Om Shri Adrohāya Namaha
One who has no hatred nor maligns anyone, i.e. He is a friend of all.

88. Om Shri Rujave Namaha
One who is soft-natured (i.e. has compassion, love, etc.).

89. Om Shri Sarvopakārakāya Namaha
One who obliges all without expecting anything in return.

90. Om Shri Niyāmakāya Namaha
One who controls everything.

91. Om Shri Upashamasthitaye Namaha
One who has attained complete peace and tranquility by having control over His senses.

92. Om Shri Vinayavate Namaha
One who is naturally humble and polite.

93. Om Shri Gurave Namaha
One who is the guru of Brahmā and all other gods whom He taught the Vedas and thus destroyed everyone's ignorance.

94. Om Shri Ajātvairine Namaha
One who has no enemies in His life.

95. Om Shri Nirlobhāya Namaha
One who has no greed or desire to hoard things.

96. Om Shri Mahāpurushāya Namaha
One who is the greatest among all men and possesses the 32 virtues of the great.

97. Om Shri Ātmadāya Namaha
One gives His all, including His Ātmā (Aksharbrahma) to His devotees.

98. Om Shri Akhanditārsha-maryādāya Namaha
One who never transgresses the moral codes prescribed by the rishis in the shastras and neither does He allow His followers to transgress them.

99. Om Shri Vyāsasiddhānta-bodhakāya Namaha
One who sheds true light on the wisdom and principles taught by Vyas Muni.

100. Om Shri Manonigraha-yuktignāya Namaha
One who teaches His devotees various ways and means to control the mind.

101. Om Shri Yamaduta-vimochakāya Namaha
One who saves His devotees from the clutches of the servants of Yama.

102. Om Shri Purnakāmāya Namaha
One who Himself is totally fulfilled yet fulfills the desires of His devotees.

103. Om Shri Satyavādine Namaha
One who always upholds and speaks the truth.

104. Om Shri Gunagrāhine Namaha
One who always imbibes the virtues of others.

105. Om Shri Gatasmayāya Namaha
One who is egoless.

106. Om Shri Sadāchāra-priyatarāya Namaha
One who is immensely fond of pure and righteous living and inspires His followers to live similar lives.

107. Om Shri Punyashravana-kirtanāya Namaha
One whose name and discourses are purifying by their very utterances.

108. Om Shri Sarvamangala-sadrupa-nānā-guna-vicheshtitāya Namaha
One whose divine murti, divine virtues and divine exploits spread goodness among all and lead them to final (ultimate) liberation.