

Saneeswara Mantras

One can chant any one of these mantra's for a minimum of 7 times a day. If time permits then chanting 108 times will yield better results for those troubled by Shani.

Shani Mula Mantra

“Om Sham Shanaiscaryaye Namah.”

Shani Mantra 1

“Neelaamjana Samaabhaasam Raviputram
yamaagrajam!
Chchaaya maarthanda sambootham tham
namaami shanaishwaram!!”

Meaning

I bow to Lord Shani, who is black in colour and son of Sun and born to Chaya and brother of Yama , who moves very slowly.

Shani Mantra 2

According to legend, Shani is a devotee of Lord Shiva. According to the “Navagraha Pidahara Sthothram” of “Brahmanda Purana”, the following sthothra relieves the communicant from all the ill effects of Shani:

निलान्जन समाभासं रविपुत्रं यमाग्रजम् ।
छायामार्तड संभूतं तं नमामि शनैश्चरम् ॥
nilānjana samābhāsaṁ raviputraṁ yamāgrajama,
chāyāmārtāṁḍa sambhūtaṁ taṁ namāmi
śanaīścarama.

सूर्य पुत्रो दीर्घ देहो विशालाक्षः शिवप्रियः ।
मन्दचारः प्रसन्नात्मा पीडां हरतु मे शनिः ॥
sūrya putro dīrgha deho viśālākṣaḥ śivapriyaḥ,
mandacāraḥ prasannātmā piḍāṁ haratu me śaniḥ

The Shanieswara Mantra In Kannada:

ಸೂರ್ಯಪುತ್ರೋ ದೀರ್ಘದೇಹೋ ವಿಶಾಲಾಕ್ಷಃ ಶಿವಪ್ರಿಯಃ
ಮಂದಚಾರಃ ಪ್ರಸನ್ನಾತ್ಮಾ ಪೀಡಾಂ ಹರತುಮೇ ಶನಿಃ

The Shanieswara Mantra In Telugu:

ಸೂರ್ಯಪುತ್ರೋ ದీర్ಘದೇಹೋ ವಿಶಾಲಾಕ್ಷಃ ಶಿವಪ್ರಿಯಃ
ಮಂಧಾಚಾರಃ ಪ್ರಸನ್ನಾತ್ಮಾ ಪೀಡಂ ಹರತು ಮಿ ಷನಿಃ

The Shanieswara Mantra In Tamil:

Sangadanga! Theerpai Shani Bhagavane
Mangalam Ponga Manam Vaitharul Vai
Sacharavindri Saaga neriyl
Icchagam Vaazha Innarul Thaa Thaa

Complete Mantra (संपूर्ण शनी स्तोत्र):

ॐ निलान्जनम समाभासं रविपुत्रं यमाग्रजम्।
छायामार्तंड संभूतं तं नमामि शनैश्वरम्॥
ॐ शनैश्वराय नमः॥
सूर्य पुत्रो दीर्घ देहो विशालाक्षः शिवप्रियः।
मन्दचारः प्रसन्नात्मा पीडां हरतु मे शनिः॥
कोणस्थ पिंगलो ब्रह्म कृष्णो रौद्रो दंतको यमः।
सौरिः शनैश्वरो मन्दः पिप्पालोदतः संस्तुतः॥
एतानि दशनामानी प्रातः रुत्थाय य पठेतः।
शनैश्वर कृता पिडा न कदाचित भविष्यती॥

aurṁ nilānjanama samābhāsaṁ raviputraṁ
yamāgrajama,
chāyāmārtanḍa sambhūtaṁ taṁ namāmi
śanaishcarama.

aurṁ śanaishvarāya namaḥ.
sūrya putro dirgha deho viśālākṣaḥ śivapriyaḥ,
mandacāraḥ prasannātmā piḍāṁ haratu me śaniḥ.
koṇastha piṅgalo brabhū kṛṣṇo raudro daṁtako
yamaḥ,
sauriḥ śanaishvaro mandah pippālodataḥ samstutah.
etāni daśanāmānī prātaḥ rutthāya ya paṭhetah,
śanaishvara kṛtā piḍā na kadācita bhaviṣyati.

Pronounceable Chant:

Om Neelaanjanam Sambhasam Raviputram
Yamagrajam|
Chayaamartand Sambhootam Tam Namaami
Shanaishcharam|| (Repeat Twice)
Om Shanaishcharaay Namah|| (Repeat Twice)
Surya Putro Dheergh Deho Vishaalaakshah
Shivapriyaah|
Mandacharah Prasannaatma Peedam Haratu Mein
Shanih|| (Repeat Twice)
KoNasth Pingalo Prabhoo KrushNo Roudro
Dantako Yamah|
Sauriah Shanaishcharo Mandah Pippaalodatah
Samstutah|| (Repeat Twice)
Aetaani Dashanaamaanee Pratah Ruthaay Ya
Patethah|