

श्री सङ्कष्टनाशनं विष्णुस्तोत्रम्

नारद उवाच

पुनर्देत्यं समायान्तं दृष्ट्वा देवाः सवासवाः ।
भयप्रकम्पिताः सर्वे विष्णुं स्तोतुं प्रचक्रमुः ॥ १ ॥

1) Punardaithyam Samayantham
Drushtwa Deva Savaasava,
Bhaya Prakambhitha Sarve Vishnum
Sthothum Prachakarmu

Meaning - Espying the hoard of asuras
who came again,
The devas were filled with sense of fear
And started praying to Lord Vishnu

देवा ऊचुः

नमो मत्स्य- कूर्मादि- नानास्वरूपैः सदा
भक्तकार्योद्यतायार्तिहन्त्रे ।
विधात्रादि-सर्ग-स्थिति-ध्वंसकर्त्रे गदा शङ्ख- पद्मारिहस्ताय
तेऽस्तु ॥ २ ॥

2) Namu Mathsya Koormadhi Nana
Swaroopai,
Sada Bhaktha Karyodyathayarthi Hanthre,
Vidhathradhi Sarga Sththi Dwamsa
Harthre,
Gadha Samkha Padhmadhi Hasthaya Thee
Asthu

Meaning - Our salutations to him, who
holds a mace,
Conch and lotus in his hand,
Salutations to him who took different
forms
Like fish and boar to save the world,
Who is always the destroyer of sorrows of
his devotees,
And who is himself creator, organizer and
destroyer.

रमावल्लभायाऽसुराणां निहन्त्रे भुजङ्गारियानाय पीताम्बराय
।
मखादि- क्रियापाक - कर्त्रे विकर्त्रे शरण्याय तस्मै नताः स्मो
नताः स्मः ॥ ३ ॥

3) Rema Vallabhayasuraanaan Nihanthre,
Bhujangaariyanaya Peethambaraya,
Makhadhi Kriya Paka Karthre Vikarthre,
Saranyaya Thasmai Nathasmo Nathasma

**Meaning - We salute again and again that
God,
Who is the consort of Goddess Lakshmi,
Who is the killer of all asuras,
Who rides on the Garuda,
Who wears yellow silk,
Who grants the results of sacrifices,
Who himself does not do any actions,
And in whom we should seek protection.**

**नमो दैत्यसन्तार्पितामर्त्यदुःखाचलध्वंसदम्भोलये विष्णवे ते ।
भुजङ्गेश- तल्पेशयायाऽर्क-चन्द्रद्विनेत्राय तस्मै नताः स्मो
नताः स्मः ॥४॥**

**4) Namō Daithya Sandapitha Marthya
Dukha,
Chaladwamsa Dambolaye Vishnuvethy,
Bhjangesathathpe, Sayanarka Chandra,
Dwinethraya Thasmai Nathasmo
Nathasma**

**Meaning - We salute again and again that
God,
Who is the Vishnu who is like the diamond
weapon which cuts,
The mountain like sorrows of devas due to
asuras,
And who sleeps on the great snake,
And who has sun and moon as his two
eyes.**

नारद उवाच

**सङ्कष्टनाशनं नाम स्तोत्रमेतत् पठेन्नरः ।
स कदाचित् सङ्कटैः पीड्यते कृपया हरेः ॥ ५ ॥**

**5) Sangushta Nasanam Nama Sthothra
Methath Padennara,
Sa Kadachinna Samgushtai Peedyathe
Krupaya Hare**

**Meaning - He who reads this stotra called,
“removal of sorrow”,
Will never again suffer sorrow due to the
grace of Hari**

**इति पद्मपुराणे पृथुनारदसंवादे सङ्कष्टनाशनं नाम
विष्णुस्तोत्रं सम्पूर्णम् ॥**